

MOVE IT LIKE THIS

BAHA MEN

LEFT FOOT LEAD
LINE DANCE
INTERMEDIATE

DAVID NIMMO (949) 939-1773
davidnimmo@cox.net
(JANUARY 2003)

INTRO. : 20 CT WAIT (4 PICK-UP, THEN 16 COUNT WAIT)

- A (8) 1 BASIC SWING 1/2 LEFT
(4) 1 TOEVINE
(4) 1 TRIPLE
(8) 1 BASIC SWING 1/2 LEFT
(4) 1 JAZZ BOX
(4) 2 HIP SWAY
- B (5) 1 VINE ROCK STEP 1/4 LEFT
(3) 2 [1 DOUBLE
(4) 1 KANGAROO FORWARD
(4) 1 DOUBLE ROCK 2 IN PLACE
(8) 1 SAMANTHA
(4) 2 BASIC
(4) 1 DOUBLE ROCK CHUG
(5) 1 VINE ROCK STEP 1/4 LEFT
(3) 1 DOUBLE
(4) 1 KANGAROO FORWARD
(4) 1 DOUBLE ROCK 2 1/4 LEFT (FACE FRONT)

REPEAT A

- C (4) 2 [2 BASIC
(4) 2 ROCK SLUR
(4) 2 STEP & CLAP
(4) 4 STEP
(4) 4 [1 BRUSH & TURN
(4) 2 TOE HEEL SNAP FINGERS
(5) 2 [1 VINE ROCK STEP 1/4 LEFT
(3) 1 DOUBLE
(4) 1 KANGAROO FORWARD
(4) 1 DOUBLE ROCK 2 1/4 LEFT

REPEAT A

- D (4) 3 [2 BASIC
(4) 2 ROCK SLUR
(8) 1 SAMANTHA
(5) 2 [1 VINE ROCK STEP 1/4 LEFT
(3) 1 DOUBLE
(4) 1 KANGAROO FORWARD
(4) 1 DOUBLE ROCK 2 1/4 LEFT
(4) 2 STEP & CLAP
(4) 4 STEP

ENDING

- (8) 3 [1 BASIC SWING 1/4 LEFT; 3RD 1/2 LEFT
(4) 1 TOEVINE
(4) 1 TRIPLE
(8) 1 BASIC SWING 1/4 LEFT; 3RD 1/2 LEFT
(4) 1 JAZZ BOX
(4) 2 HIP SWAY

SEQUENCE: A B A C A D ENDING

MOVE IT LIKE THIS

(STEP DESCRIPTIONS)

BASIC SWING

			[KK] (xf)				[KK] (xf)						
DS	TOE	S	DR	S	TOE	S	DR	S	TOE	S	DS	TOE	S
L	R	L	L	R	L	R	R	L	R	L	R	L	R
&1	&	2	&	3	&	4	&	5	&	6	&7	&	8

HIP SWAY

PAUSE	H	H
	L	R
&	1	& 2

VINE ROCK STEP

(os)		(xb)		(os)		(xb)		
DS	DS	RK	S	PAUSE	S	RK	S	
L	R	L	R		L	R	L	
&1	&2	&	3	&	4	&	5	

KANGAROO

(f)			(f)			
DS	SL	RK	S	SL	RK	S
L	L	R	L	L	R	L
&1	&	2	&	3	&	4

SAMANTHA

(xf)		(xb)		(xb)		(b)		(f)				
DS	DS	DR	S	SL	S	RK	S	DS	DS	TOE	S	
L	R	R	L	L	R	L	R	L	R	L	R	
&1	&2	&	3	&	4	&	5	&6	&7	&	8	

ROCK SLUR

(f) [Tsn]		
RK	HE	SLUR
L	R	L
&	1	&2